

Pore Clogging Ingredients in Skin Care



ALWAYS check ingredient labels before putting anything on your skin! even if it says "Won't Clog Pores" or "Non-Comedogenic" on the bottle. No government agency oversees this, so skincare companies can claim their products promote clear skin and have pore cloggers in their ingredient deck. Below is a list of ingredients to avoid in all skin care, acne care, makeup, and hair products.

WARNINGS:

- Natural oils can be some of the worst offenders, like cocoa butter and coconut oil which are found in many "organic" skin care lines.
- Other oils such as jojoba, olive, and lanolin are mildly comedogenic and can be a problem if formulated with other comedogenic ingredients.
- Some prescription products like the cream form of Retin-A have pore cloggers. Many over-the-counter acne medications also have pore clogging ingredients.
- "Oil-free" products can be comedogenic.

MAKEUP

- Loose powder, mineral make-up tends to be the safest choice, but still should be checked.
- GloMineral Pressed Powder is a safe choice; however, the GloMinerals foundations are NOT a safe choice. Priia's Concealers are non-pore clogging and help to fight acne these are full coverage crème foundations.
- We do not recommend any of the pressed Bare Minerals blushes, bronzers, or veils.
- We have found all liquid makeup products to be pore-clogging regardless of ingredients- stick to cream or powder based products instead.

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| ▪ Acetylated Lanolin | ▪ Decyl Oleate | ▪ Lauric Acid | ▪ Polyglyceryl – Diisostearate |
| ▪ Acetylated Lanolin Alcohol | ▪ Dhupa Seed oil | ▪ Mahua Seed oil | ▪ Potassium Chloride |
| ▪ Algae Extract | ▪ Dioctyl Succinate | ▪ MEA Laureth Sulfate | ▪ PPG 2 Myristyl Propionate |
| ▪ Algin | ▪ Disodium Monooleamido | ▪ Mink Oil | ▪ Propylene Glycol Monostearate |
| ▪ Almond Butter | ▪ Ethoxylated Lanolin | ▪ Monostearate | ▪ Ratanjyot Oil |
| ▪ Almond Oil | ▪ Ethylhexyl Palmitate | ▪ Myristic Acid | ▪ Red Algae/Brown Algae |
| ▪ Apricot Kernel Oil | ▪ Evening Primrose Oil | ▪ Myristyl Alcohol | ▪ Rice Bran Oil |
| ▪ Argan Oil | ▪ Glyceryl Stearate SE | ▪ Myristyl Lactate | ▪ Sal Seed Oil |
| ▪ Avocado Oil | ▪ Glyceryl-3 Diisostearate | ▪ Myristyl Myristate | ▪ Sea Whip Extract |
| ▪ Butyl Stearate | ▪ Groundnut Oil | ▪ Nahor Seed Oil | ▪ Seaweed |
| ▪ C13-14 Isoparaffin | ▪ Hexadecyl Alcohol | ▪ Neem Oil | ▪ Sesame Oil |
| ▪ Carrageenan | ▪ Hydrogenated Vegetable Oil | ▪ Octyl Palmitate | ▪ Shark Liver Oil (Squalene) |
| ▪ Cetearyl Alcohol + Cetareth 20 | ▪ Isocetyl Alcohol | ▪ Octyl Stearate | ▪ Shea Butter |
| ▪ Cetyl Acetate | ▪ Isocetyl Stearate | ▪ Oleth – 3 | ▪ Sodium Carbomer |
| ▪ Cheru Seed Oil | ▪ Isodecyl Oleate | ▪ Oleth – 5 | ▪ Sodium Laureth Sulfate |
| ▪ Chlorella | ▪ Isopropyl Isostearate | ▪ Oleyl Alcohol | ▪ Sodium Lauryl Sulfate |
| ▪ Chondrus Crispus (a.k.a. Irish Moss or Carageenan Moss) | ▪ Isopropyl Linolate | ▪ Olive Oil | ▪ Solulan 16 |
| ▪ Chullu (Wild Apricot) Seed Oil | ▪ Isopropyl Myristate | ▪ Palash Oil | ▪ Sorbitan Oleate |
| ▪ Coal Tar | ▪ Isopropyl Palmitate | ▪ Palm Kernel Oil | ▪ Soybean Oil |
| ▪ Cocoa Butter | ▪ Isostearyl Isostearate | ▪ Palm Oil | ▪ Spirulina |
| ▪ Coconut Alkanes | ▪ Isostearyl Neopentanoate | ▪ Peach Kernel Oil | ▪ Steareth – 2 |
| ▪ Coconut Butter | ▪ Kapok Oil | ▪ Peanut Oil | ▪ Steareth – 10 |
| ▪ Coconut Oil | ▪ Kelp | ▪ PEG 2 – Sulfosuccinate | ▪ Stearic Acid Tea |
| ▪ Colloidal Sulfur | ▪ Kokum Oil | ▪ PEG 8 Stearate | ▪ Stearyl Heptanoate |
| ▪ Corn Oil | ▪ Kusum Oil | ▪ PEG 16 Lanolin | ▪ Sulfated Castor Oil |
| ▪ Cotton Awws Oil | ▪ Laminaria Digitata Extract | ▪ PEG 100 Distearate | ▪ Sulfated Jojoba Oil |
| ▪ Cotton Seed Oil | ▪ Laminaria Saccharina Extract (Laminaria Saccharina) | ▪ PEG 150 Distearate | ▪ Tribehennin |
| ▪ D & C Red # 3 | ▪ Lanolin | ▪ PEG 200 Dilaurate | ▪ Undi Oil |
| ▪ D & C Red # 17 | ▪ Laureth – 4 | ▪ PEG – 16 | ▪ Wheat Germ Glycerides |
| ▪ D & C Red # 21 | ▪ Laureth – 23 | ▪ PG Monostearate | ▪ Wheat Germ Oil |
| ▪ D & C Red # 30 | ▪ Laureth Sulfate | ▪ Pilu Oil | ▪ Xylene |
| ▪ D & C Red # 36 | ▪ Lauryl Sulfate | ▪ Plankton | |
| | | ▪ Polyglyceryl – 3 Diisostearate | |